

OSCEs :

In CASE of abdominal pain examination :

Don't forget the following :

Initial approach to the patient (introduces yourself, explains what you will be doing)

General Examination:

Test for jaundice, pallor, cachexia

VS: suggested mainly temp .

Abdominal Exam:

Inspection :

Shape of abdomen , scars, any bulge...

Three scars

Palpation : Superficial & deep, tenderness

(Masses, ? GB, elicit Murphy's sign,...)

Percussion: Auscultation

(Ask for P/R but no need to do it)

Any other related Examination :

E.g. The supra clavicular LN , Back , Hernial orifices , Femoral pulses

Clinical diagnosis

Investigations

1. CBC , LFTs & Amylase
2. US
3. ? CT
4. Urine

ERCP

History of swelling in neck :

Introduce yourself

Personal history :

Age occupation ,diet ..

Present complaint and its history

Neck symptoms : Other lumps , Dysphagia
local pain , Hoarseness, stridor

Nervous system, Cardiovascular Metabolic and GIT symptoms

Past history :Operations , illness B. asthma DM, HTN Family , Social , Drug, Allergy Hx

Diagnosis

Investigations

1.Thyroid function tests, S.Ca

2.US / ? CT scan

FNAB

Ulcer Examination :

Inspection

Color, Beurget's angel, Pressure areas ,blisters, ulcer, trophic changes

claw toes, callus formation on heel

Ulcer description

Position , number, tenderness, temperature , shape, size, edge, base, floor depth, discharge .

Palpation : Temperature : (compare)

Capillary refill time

Feel the pulses : Femoral , Popliteal

Foot pulses: Post. Tibial & D P

Ulcer adjacent tissues , local LN ,

Auscultation

listen for bruit

Measure the blood pressure (no need)

Sensation: Pain, mild hyposthesia, bilateral

Diabetic foot examination :

Observations (Ulcers, claw toes, callus formation on heel/ metatarsal heads, looks for other ulcers between toes,); Ulcer description:

Peripheral pulses:

(eg: *Dorsalis Pedis & Post. Tibial*,...)

Sensation: Pain

(Suggest pin prick (DO NOT TEST)

Fine touch

Identifies abnormal features

Checks the suitability of patient's foot ware/prosthesis

Abdominal pain history :

Complaint

History of Present Illness:

1. Characters of Pain

Associated symptoms (including itching, urine & stool discoloration)

Past History : Medical
Surgical

Social history:

INVESTIGATIONS:

CBC, LFTs, Amylase,..

Abdominal Ultrasound

Upper GIT Endoscopy,...

History of bleeding per rectum :

Complain:

And Duration

Previous similar bleeds P/R

Associated symptoms

Constipation

Tenesmus

Abdominal pain

Anal pain/relation to defecation

Loss of body weight

Drug history:metformin, Aspirin

Past History :Cholecystectomy

Social history (married,smoking,..)

Diagnosis

cancer colon (left sided)

Investigations

CBC, U & Es

Tumour markers, CEA,..

Proctosigmoidoscopy, Biopsy

Ba enema

Imagings , CT scan, U/S,...